We are addressing this to people with lived experience of psychosis, to their family members, and to professionals.

The corona crisis has brought significant changes to our interactions with each other. While the crisis may be even more challenging for people living with psychosis, we have also heard stories of resilience - that some people with psychosis susceptibility are doing well or even better than others in this period.

We want to gather the experiences of Corona-time - your stories. We want to hear from people with psychosis susceptibility as well as family members and practitioners. These stories will serve as the starting point for an international Webinar, which ISPS will hold in June. Looking further ahead, the stories could provide questions for future qualitative research.

Why are we so interested in your experiences during the pandemic?

One of the objectives of ISPS is to investigate the relationship between psychosis and the environment. Now that there are profound changes in the relationship between people, this is a unique opportunity to learn from experience, including learning about the strengths of psychosis susceptible people.

We have drawn up three broad questions to enable you to tell your story:

1. What have your experiences been since the beginning of the pandemic and did your experiences change over time?
2. What changes did you notice in the relationships between people with psychosis susceptibility, family members and other loved ones, and practitioners? What was the effect of less contact with the environment and social distancing? What was the effect of other ways of contact that came into use, such as video and phone calls, greetings across the street, etc.?
3. What changes would you like to take forward into the future?

Your story can be up to 2 pages long. Please include a summary of a quarter page. You can also create and send an audio recording. All these stories will be presented, anonymously if you wish, on ISPS website (provided that you give us permission for this).

Please send the stories to isps@isps.org by 6th June.
If a qualitative research project is initiated from this material, we will contact you in order to get your acceptance to use it in the research.

SAVE THE DATE!
A webinar entitled “Learning from experience in Covid-19 time” is planned to take place on 25th June 2020, 21:00-23:00 Central European Time.
More information coming soon.