

Implementing NICE Guidelines for Family Interventions and Arts Therapies

**18 November 2009
Novotel Hotel, Central Birmingham**

The importance of high quality psychological interventions has been raised once more in the recent publication of the updated NICE Guideline for Schizophrenia published in March 2009 which makes strong recommendations about the effectiveness of Family Work and Arts Therapies as helpful interventions in the treatment of schizophrenia. Family interventions which were highlighted in the previous Guideline continue to be difficult to implement, and the focus on Arts Therapies will be new for many services and will similarly pose implementation challenges.

This one day workshop hosted jointly by ISPS (UK) and the Meriden Family Programme is for all mental health professionals, managers, commissioners, service users and carers. It aims to highlight the need to raise the profile of Family Interventions and Arts Therapies and to give professionals a greater understanding of these treatments and how best to implement them so as to improve patient choice and access. This event will be of relevance to clinicians, managers, commissioners, service users and carers.

Key Themes

- The evidence base and values of family interventions and arts therapies
- Key components of effective family approaches and arts therapies
- Practical guidance for effective delivery and implementation
- Good practice examples
- Overcoming the barriers to implementation
- Service user and carer perspectives
- Commissioning family interventions and arts therapies
- Competency requirements

Main Speakers

- Julie Bagwash Service User and art graduate, York
- Gráinne Fadden Director, Meriden Family Programme
- Sheila Grandison Borough Head of Arts Therapies, East London NHS Foundation Trust
- Anna Maratos Head of Arts Therapies, Central and North West London NHS Foundation Trust and NICE Guideline Development Group for Schizophrenia member
- Ted Quinn Service Director Mental Health Services for Older People, 2gether NHS Foundation Trust, Gloucestershire
- Peter Woodhams Carer Consultant, Meriden Family Programme and NICE Guideline Development Group for Schizophrenia member
- Terry Rigby Strategic Mental Health Development Lead, Pan Birmingham Mental Health Commissioning Director