

## Implementing NICE Guidelines for Family Interventions and Arts Therapies

**Wednesday 18 November 2009 (Novotel Hotel, Central Birmingham)**

### PROGRAMME

#### Speakers:

**Julie Bagwash**, Service User and Art Graduate – York  
**Terry Rigby**, Strategic Mental Health Improvement Lead – Pan Birmingham Mental Health Commissioning Team  
**Gráinne Fadden**, Director – Meriden Family Programme  
**Sheila Grandison**, Borough Head of Arts Therapies – East London NHS Foundation Trust  
**Anna Maratos**, Head of Arts Therapies – Central & North West London NHS Foundation Trust and  
 NICE Guideline Development Group (GDG) for Schizophrenia Member  
**Ted Quinn**, Service Director Mental Health Services for Older People – 2gether NHS Foundation Trust  
**Peter Woodhams**, Carer Consultant – Meriden Family Programme, and NICE GDG for Schizophrenia Member

<b>9.00</b>	<b>Registration &amp; refreshments</b>	
<b>10.00</b>	<b>Welcome and background</b>	<b>G Fadden &amp; S Grandison</b>
<b>10.10</b>	<b>NICE BUT NICHE! What is our evidence base, how can we grow new arts therapy services in a shrinking NHS economy and what can we do now to ensure they survive?</b>	<b>A Maratos</b>
<b>10.40</b>	<b>Values, components and evidence base for family interventions in psychosis</b>	<b>G Fadden</b>
<b>11.05</b>	<b>Why family work is so important – A Carer's perspective</b>	<b>P Woodhams</b>
<b>11.20</b>	<b>Tea/Coffee</b>	
<b>11.50</b>	<b>Art as a therapeutic process to safe self expression and recovery</b>	<b>J Bagwash</b>
<b>12.20</b>	<b>A mental health improvement commissioners perspective</b>	<b>T Rigby</b>
<b>12.40</b>	<b>NICE – From recommendation to implementation A provider's perspective</b>	<b>T Quinn</b>
<b>1.00</b>	<b>Lunch</b>	
<b>2.15</b>	<b>Workshops (some titles to be confirmed)</b>	
	<b>Commissioning and providing NICE compliant psychological therapies: practitioner engagement – T Rigby (TBC) &amp; T Quinn</b>	
	<b>Effective Implementation of Family Work – G Fadden &amp; P Woodhams</b>	
	<b>An exploratory randomised controlled trial in music therapy for inpatients with schizophrenia: a practical guide to small-scale high-quality outcome research – Anna Maratos</b>	
	<b>Arts therapies – (TBC)</b>	
	<b>Starting from scratch and building on skills: introducing and enhancing arts therapies resources in recruitment, training and reflective practice initiatives – S Grandison</b>	
<b>3.45</b>	<b>Tea/Coffee</b>	
<b>4.00</b>	<b>Plenary/discussion</b>	
<b>4.30</b>	<b>Close</b>	